



The Appleton School Physical Education Extra-Curricular Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 7:30-8:15 AM	Yr 7 Netball (GS/KSB)	All years Girls Basketball (EPE/RME)	APPS (HDA/EPE) Running Club (SJR/RME)	Year 8/9 Invite Netball (RME/GS) Year 7 Girls Football (EPE)	Year 7 Boys Basketball (AS)
Lunch Time	Yr 7 Boys Basketball (SJR/CWI)	All years Girls Basketball (EPE/RME)	Yr 8 Boys Basketball (HDA)	Yr 9 Boys Basketball (MCA) Year 7 Basketball (SJR)	Senior Boys Basketball (TK/HDA)
After School 3-4pm	All Years Gymnastics (KSB/NAB) Year 7-9 Netball (RME/JS/GS) Year 7-8 Boys Football (SJR/HDA)	Year 7/8 Rugby (HDA/MI) All Years Girls Basketball (EPE/RME) Year 9/10/11 Boys Football (MCA/CWI/TK) Year 8/9/10/11 Trampolining (KSB/NAB)	Year 7 Trampolining (KSB) Year 7 Boys Football (SJR/HDA) Year 9-11 Netball (JS/NAB)	All Years Girls Football (EPE/RME) Year 9/10 Rugby (IMO/MI) Running Club (SJR)	APPS (EPE/HDA) Badminton (TK)

When fixtures are scheduled, after school sessions may be cancelled.